



The consumer advocacy organization Environmental Working Group (EWG) has put out a new paper that estimates the average person's yearly consumption of genetically-modified organisms (GMOs). And based on the figures, which EWG admits are very likely understated, the average person consumes more than their own body weight's worth of GMOs every single year, a shocking reality with unknown, long-term health consequences.

For their study, EWG researchers compiled data from 2011 U.S. Department of Agriculture (USDA) data sheets on average per capita consumption of various GM foods, including corn-based sweeteners like corn syrup, salad oils, and various other "corn products" like corn oil and corn meal. They then analyzed these figures based on the percentages of each of the crops used to make these products that are genetically engineered in the U.S.

The average adult in America, it turns out, weighs 179 pounds, and consumes an average of 193 pounds of GM corn-based products and salad oils every year. And when various other GMOs are added into the mix that were not included as part of the original study -- in addition to corn and sugar beets, soybean oil and other soy-based products, conventional papaya, and canola oil are all widely consumed foods of GM origin as well -- the contrast between body weight and GMO consumption widens even more significantly.

"From these figures, EWG calculated that the average American annually consumes genetically engineered foods in these quantities: 68 pounds of beet sugar, 58 pounds of corn syrup, 38 pounds of soybean oil and 29 pounds of corn-based products, for a total of 193 pounds," says EWG.

http://www.naturalnews.com/037590_GMOs_Americans_consumption.html