



It seems as though hemp is not only an answer to our global health problems, both for people who don't have enough to eat and for people in the western world who are malnourished from eating the wrong foods, but also an answer to our environmental crisis.

Hemp seeds are perhaps the purest, most nutritionally dense food on our planet. They are rich in vitamins and minerals, and are also the only edible seeds with gamma-linolenic acid (GLA), which is an essential fatty acid. In fact, its essential fatty acid ratio is absolutely perfect for our bodies.

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