



In a major shot fired across the bow of the statin marketing machine, the levels of LDL cholesterol that are the artificial targets of "health" promoted by the American Heart Association (AHA) are now found to be associated with a significant increased risk of cancer and death.

The AHA recommends an LDL level of 100 for prevention and 70 for high risk patients. In the new study an LDL level of 107 was associated with a 33% increased risk of cancer and death, an LDL level of 87 was associated with a 50% increased risk. As the LDL goes lower the risk keeps getting worse. These arbitrary AHA levels for LDL cholesterol were established by "**experts**" with **direct financial ties to the statin industry**, who knew full well that reaching their artificially low target levels for LDL would require double and triple doses of statin drugs, thus dramatically increasing sales (which has indeed happened).

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