

Hammer has played the leading role in introducing pulse diagnosis, which has thousands of years of history in China, to the West. Modernized to incorporate the ills of the post-industrial age, contemporary Chinese pulse diagnosis (CCPD) enables practitioners to identify an extraordinary range of states -- mental, spiritual, emotional and physical -- simply by feeling a person's pulse. A typical session costs \$50 to \$100.

Pulse diagnosis can also find trouble before symptoms arise. So Hammer and other CCPD practitioners -- who only number in the hundreds in North America, Europe, Australia and New Zealand -- say that along with modern medical technology, acupuncture, herbs, exercise and a good diet, it's a crucial part of effective preventive medicine

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